

CHAPTER 2&3 QUIZ STUDY GUIDE

- 1. Discuss in detail the 3 parts of self-knowledge.**
- 2. Discuss EQ.**
- 3. What is your most important relationship? Why?**
- 4. How many stages of life according to Ericson?**
- 5. What happens at Ericson's adolescence stage?**
- 6. How many needs in Maslow's hierarchy of needs?**
- 7. What is Maslow's first need?**
- 8. What is Maslow's last stage? How many of us get there?**
- 9. What is puberty? Adolescence?**
- 10. What are gender roles? Give some examples.**
- 11. What is gender identity?**
- 12. Define and discuss self-image.**
- 13. Discuss in detail the three aspects of building self-esteem.**
- 14. Define and discuss the term "fake it 'till you make it."**
- 15. Discuss the 3 factors in body image.**